



**BASS Winter Warm Up
BB/B/C Mini Meet
January 5, 2020
SANCTION NO. VS-20-58**

**Hosted by
BATTLEFIELD
AREA STAR
SWIMMERS**

SANCTION:	<ul style="list-style-type: none">• Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-20-58• USA Swimming, Inc., Virginia Swimming, Inc. BASS (team) and Woodberry Forest School (venue) shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
LOCATION:	Woodberry Forest School Peter Browne Ruffin Memorial Natatorium Harry Barbee Jr. Fitness Center 898 Woodberry Forest Rd. Woodberry Forest, VA 22989 www.Woodberry.org (540) 672-3900
FACILITY:	<ul style="list-style-type: none">• Competition Pool: The competition pool is an indoor (6) lane, 25-yard pool with a depth of 4-feet at the shallow end and 11-feet at the deep end. The main starting end of the pool (the deep end) houses Paragon Trackstart starting platforms complete with a moveable/removable trackstart "wedge" and relay-judging platforms. Opposite from the main starting end of the pool (the shallow end), there will be an additional set of Paragon Classic Standard Paraflyte starting platforms. Anti-wave forerunner, non-turbulent lane lines are used to separate each lane.• A Colorado Timing System will be used to time this meet, with the main finish mechanism being touchpads and buttons and Dolphin stopwatches being used as backups.• The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C(4).
MEET DIRECTOR:	Name: Alex Montes de Oca Email alex.montesdeoca5@gmail.com Phone: (540) 604-1767
ELIGIBILITY:	<ul style="list-style-type: none">• Open to all USA Swimming athletes registered before the first day of the meet.• No on deck Virginia Swimming athlete registration will be permitted.• Age on January 5, 2020 (first day of the meet) will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none">• Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">• All 10 & Under swimmers will swim in the AM session.• All 11 & Over swimmers will swim in the PM session.• There will be a 13 & Over 400 IM session immediately following the PM session.• All events will be timed finals.
WARM-UP:	<ul style="list-style-type: none">• Morning session: Warm-ups at 7:30am; competition starts at 8:40am• Afternoon session: Warm-ups not before 11:45am; competition starts not before 1:00pm• Distance sessions: The pool will be opened for 20 minutes of open warm-ups immediately following the finish of the PM session, with the distance session competition starting 10 minutes thereafter.• The approximate start time for the distance sessions will be posted on the BASS website no later than January 1, 2020 and will also be emailed to the contact person of the participating clubs. The distance sessions will start no earlier than the estimated times.• Lane assignment and warm-up times for individual clubs will be posted on the BASS website no later than January 1, 2020 and will also be emailed to the contact person of the participating clubs.• If the morning session runs late, afternoon warm-ups will begin immediately after the morning

	session ends.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS THURSDAY, DECEMBER 24, 2019</p> <ul style="list-style-type: none"> • Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software. • Teams must submit entries via email. • A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries. • Coach Time (CT) and “No Time” (NT) entries will be accepted for events in which a swimmer does not have a time of record. <u>CT must be slower than an “A” time.</u> All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. • 13 and over swimmers may enter a maximum of 3 individual events and one distance event. • 11-12 swimmers may enter a maximum of 3 individual events. • 10 and under Swimmers may enter a maximum of 4 individual events. • Distance events will be limited to 4 heats of each gender. • Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit. Relays may be eliminated if necessary and in that case relay fees will be refunded. • Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Admin Official on the provided forms. • Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. • Email entries to: Ann Wood at annwood304@gmail.com.
FEES:	<p>Individual events: \$6.50 Relay events: \$14.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> • Checks should be made payable to: Battlefield Area Star Swimmers. • Mail payment to: Ann Wood, 304 Great Run Lane, Radiant, VA 22732 • Payment must be received by January 2, 2020. Failure to pay entry fees by this deadline could result in teams being barred from the meet. • IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery.
SEEDING:	<ul style="list-style-type: none"> • All events, except #59-#60 (13 & O 400 IM) will be pre-seeded. • Clerk of Course will be provided for all 8 & Under events. • Events #59-60 (13 & O 400 IM) will require a positive check-in. • Positive check-in will close at 3:30pm • SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT.
AWARDS:	<ul style="list-style-type: none"> • Individual events: Ribbons will be awarded for first through sixth place. <ul style="list-style-type: none"> ○ 8 & Under individual events will be given separate awards for 6 & under, and 7-8 year old age groups. ○ 10 & Under individual events will be given separate awards for 9-10 and 8 & Under age groups. ○ 11 & Over individual events will be given separate awards for 11-12, 13-14, and 15 & Over age groups. ○ 13 & Over individual events will be given separate awards for 13-14 and 15 & Over age groups. • Relay events: Ribbons will be awarded for first through third place.
PENALTIES:	<ul style="list-style-type: none"> • A fine of up to \$100 per event may be assessed for any illegal participation in the meet. Illegal participation is defined as <ul style="list-style-type: none"> • Entries using fraudulent or non-verifiable times. • Athlete competed in the incorrect age group.

	<ul style="list-style-type: none"> • Athlete is not registered with USA Swimming prior to the first day of the meet. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. • Any event in which an athlete participated illegally will be rescored and re-awarded.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations, including the Minor Athlete Abuse Protection Policy, will govern this meet. • All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. • Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. • Changing, in whole or in part, into or out of swimsuit when wearing just one suit in an area other than in a locker room, bathroom, or other space designated for changing is PROHIBITED. • In accordance with VSI best practices, all swimmers should shower before entering the pool. • Any athlete suspected of sustaining a concussion or exhibiting signs of a concussion, will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider. • In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Gordon Hair Email: grhair919@aol.com Phone: 434-960-0849</p> <ul style="list-style-type: none"> • Officials will be needed for all positions and all sessions for this meet. • Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Alex Montes deOca, alex.montesdeoca5@gmail.com, 540-604-1767 or Gordon Hair, grhair919@aol.com, 434-960-0849 no later than December 24, 2019 • Officials meetings will be held in the hospitality area one hour prior to the start of each session.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	<ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will be posted on the BASS no later than January 1, 2020 and will also be emailed to the contact person of each of the individual clubs.
GENERAL:	<p>Pool Rules</p> <ul style="list-style-type: none"> • No food or glass containers should be brought onto the pool deck. • Unless being supervised by his or her coach, all swimmers should enter the pool feet first during warm-up and cool-down periods. <p>Facility Rules</p> <ul style="list-style-type: none"> • Spectators should not wander into any blocked off areas in the Barbee Center. • Spectators should not wander throughout the campus of Woodberry Forest School. • All movement on the campus of Woodberry Forest School should be restricted to paved walk or driveways.

	<p>Other:</p> <ul style="list-style-type: none"> • Concessions will be available during the meet. Concessions will open for warm-ups and during competition. • Hospitality room will be open to coaches and certified officials. • No smoking is allowed on the campus. • Heat sheets will be sent via email to attending coaches/teams and will be available for purchase at concessions • Paper copies of heat sheets will be provided for all coaches and officials.
<p>FACILITY RULES:</p>	<p>Locker Rooms:</p> <ul style="list-style-type: none"> • There will be 5 locker rooms available to athletes for this competition; 2 male locker rooms and 3 female locker rooms. • The 2 male locker rooms are located on the first floor of the Barbee Center. The first locker room is attached directly to the pool deck and can also be accessed from the main hall coming off the lobby of the Barbee Center on the left. The second locker room is located past the first, down a hall to the right. • The 3 female locker rooms are located on the second floor of the Barbee Center and do not have any direct access to the pool deck. Athletes must go up the main staircase in the lobby of the Barbee Center and follow the hallway to the left. The three locker rooms can be found along that hallway. Female athletes should enter the pool deck through the door located underneath the staircase; NOT through the spectator viewing gallery. <p>Team Areas:</p> <ul style="list-style-type: none"> • Due to the volume of athletes expected at this event, athletes are asked to keep their nonessential belongings off of the pool deck. • Each team will have the opportunity to claim an area on the indoor track attached to the Barbee Center - found immediately off of the lobby - which can be used as a “camp.” • Athletes and their family members are asked not to wander into areas that have been blocked off. We would also ask that any equipment (i.e. pole-vaulting pits, weights, basketballs, etc.) remain untouched throughout the meet. <p>Parking:</p> <ul style="list-style-type: none"> • Coach and Official parking: Coaches travelling separately from their team and officials should park in the lot to the right-hand side of the Barbee Center. When entering campus, cars should drive through the first set of brick pillars following the gatehouse and pass in front of the Barbee Center (the Barbee Center will be on your left and Hanes field at Johnson Stadium will be on your right). The left-hand turn immediately following the Barbee Center will take you to a small parking lot on the side of the Barbee Center. • Car Parking: Immediately following the first set of brick pillars following the gatehouse, there will be a left-hand turn. Cars may proceed down the road, passing the Barbee Center and a small baseball field on the right, until a gravel parking lot is visible on the right.
<p>DIRECTIONS:</p>	<p>Entering “Woodberry Forest School” into any GPS device or Google maps will bring you to the main entrance to the school campus.</p>

**MEET TITLE
ORDER OF EVENTS**

SUNDAY, JANUARY 5, 2020

Morning Session Warm-up: 7:30am; Start: 8:40am			Afternoon Session Warm-up: 11:45am; Start: 1:00pm (Times are approximate)		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>	<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	8 & U 100 Free Relay	2	27	11-12 200 Free Relay	28
3	9-10 200 Free Relay	4	29	13 & O 200 Free Relay	30
5	10 & U 100 IM	6	31	11-12 100 IM	32
7	8 & U 25 Free	8	33	13 & O 200 IM	34
9	10 & U 100 Free	10	35	11 & O 50 Free	36
11	10 & U 50 Fly	12	37	13 & O 200 Breast	38
13	8 & U 25 Breast	14	39	11 & O 100 Fly	40
15	10 & U 50 Free	16	41	11-12 50 Breast	42
17	8 & U 25 Back	18	43	13 & O 200 Back	44
19	10 & U 50 Breast	20	45	11 & O 100 Free	46
21	8 & U 25 Fly	22	47	11-12 50 Back	48
23	10 & U 50 Back	24	49	13 & O 200 Fly	50
25	9-10 200 Free	26	51	11 & O 100 Breast	52
			53	11-12 50 Fly	54
			55	11 & O 100 Back	56
			57	11 & O 200 Free	58

SUNDAY, JANUARY 5, 2020

Distance Session Warm-up: 4:15pm; Start: 4:45pm (Times are approximate)		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
59	13 & O 400 IM	60